

Inspired by our ancestors, we have revived a 16th century, Mediterranean recipe with pure and simple environmentally sustainable ingredients. Back then, there weren't liquid soaps and plastic containers, so they used bar soap for all their cleaning needs!



Keep in Mind:

Liquid shampoo is over 75% water and often have lather additives to make extra bubbles. Bar soaps is concentrated, so a

little goes a long way. Also less lather will still do a fabulous job of cleaning your hair.

Directions: Take the soap in your hand and rub 10 times directly on your soaking wet hair, massage into scalp. Rub extra as needed. Then rinse out well. Soap residue will biodegrade within 3 days in the water system.



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